



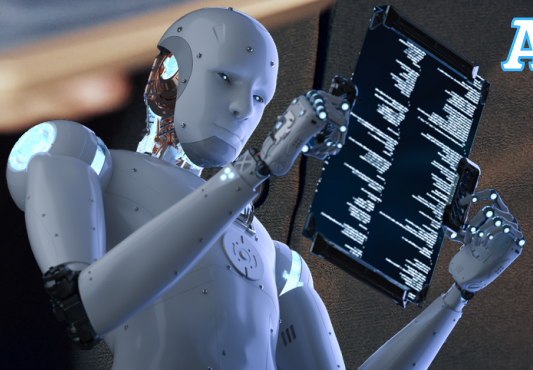
The Spirit Disciple



Human Intelligence

VS

Ai



Preface

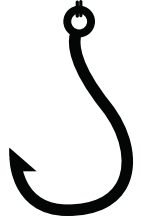


Your
Turn!

This notification will provide the insights we need to consider for preserving and advancing human intellect. Ask yourself, "Am I actively engaged in the AI movement?" If yes, ponder, "To what extent am I allowing AI to take over my thinking?" The responses to these queries will shape the effectiveness and independence of your brain and the degree of reliance on external cognitive processes. So, what are the consequences if we neglect our personal development skills? This enlightening exploration will shed light on it, including the potential risks of over-reliance on AI. It's time to uncover the true nature of AI and its potential impact on our growth mentally, career-wise, and lifestyle. Stay tuned and absorb this profound revelation. Remember, by prioritizing personal development skills, you can take back control and empower your own intellect.

The Hook

We inhabit a world brimming with information, and how we retain this knowledge is crucial. The most convenient method is to store it on a computer system. Consider the structure of a computer and its resemblance to the human body. There's an operating system, a hard drive, and a software program. We share this fundamental design! The disparity lies in the computer's ability to upload and download information swiftly, thanks to advanced processors. It can even store more data with the aid of external hard drives. So, what's the catch? I'm pleased you asked. The trap is set when we overly rely on a computer to download and store our information on its hard drive, neglecting our own operating system and innate capacity to store information in our minds.



We've been led astray, undervaluing our brains' remarkable ability to download and upload information at a high level and rely on artificial intelligence instead of increasing our intelligence. Here are some ways we can do this:

- Become a speed reader
- Learn retention techniques
- Learn to download and upload info with meditation

The brain can store information in high capacities and even upload it at high speeds. Why would we need something artificial when we're more than capable of doing the same tasks? If we give our powers to a piece of equipment that a person built and designed in the first place, we make a blind agreement that we're not smart enough to increase our learning or storage abilities. Let's use this technology in a way that helps us instead of hindering us. As we dive into the next level, we realize that AI can enhance our cognitive abilities, not replace our innate intelligence.

The Open Source

There's an interesting similarity to where our computer files are stored now... in the cloud. We get our information from the same place 😊. Let's take a spiritual approach to this situation. There's infinite information in the firmament where thoughts are connected and shared. That's why someone can say something you were just thinking of, and you resonate with it. The fact that cloud storage and the firmament are infinite is also a fascinating coincidence. There must be an answer to how AI is developed and improved with the ability to configure information in a way that sounds like we spoke it. Is it pulling information from the same place we are? Does it have ransomware and keyloggers built in to mimic our patterns? A file must be stored with our tendencies. But anyway, that's amazing to have that kind of connection.

Now, there are techniques to improve how much information we retain. How much better would our lives be if we implore and utilize some of these skills? Would we have to fear the AI movement? We can integrate our abilities with the computer and make companionship a benefit. We can connect to spiritual wisdom with the help of meditation. Once we get to our open source, we can download the info into our minds and upload it to documents. Like everything else, the more we practice, the better we get. Let's learn to enhance our God-given abilities and upgrade our processes to build upon what got us here in the first place.

It's time we take ownership and control of our minds instead of surrendering to a computer to think for us. Developers use open-source code to share information amongst their community of web and application builders. We can do the same with our thoughts, maintaining control over our intellectual processes.

The Program



Here is an eye-popping truth that we all face. We have been programmed from our time of conception up until now. Our programming language differs based on the environment we're in and the culture we embrace the most. Outside of that is the school system and our church that taught us. We're still being programmed from the time we wake until we sleep. The system never stops running! When we reach a point in our lives to wake up and live consciously, we can decipher what we do on our own accord from what we do unconsciously. The idea that we live in a world controlled by programming software might be unsettling for many to believe, but just imagine if we are. How do you explain or justify your actions and thoughts? Is your behavior acceptable or favorable? Diagnose how you come to conclusions.

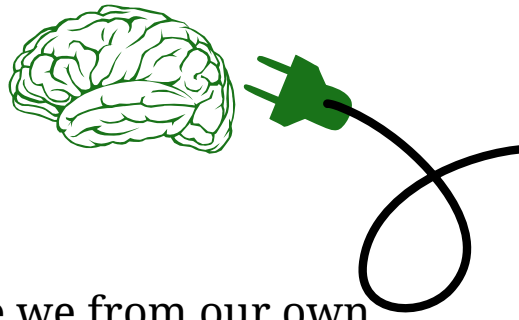
We second guess our actions, thoughts, and speech to the point that we rely on artificial intelligence to confirm or tell us what is right. We are being conformed to have AI do our thinking and make judgments about life, leaving us to use less of our cognitive abilities, making us less confident about our intellect and intuition.

We were born with a mind, body, and soul connection. If we let this movement take away our connection, we lose our capability and adaptability to make sound judgments. This will disconnect our spiritual and natural interconnection. Without that, we are just shells without souls, and then the program takes over our lives. We can't let AI dumb us down to becoming androids being downloaded with subjective information instead of having spiritual discernment and control of our own minds. We should use AI to enhance our analytical thinking and speech patterns and provide better

communication skills. We should use the program as free education instead of replacing our brain function. If we take this approach to AI, the messages we're conveying will come across more concisely and be received better by our target audience. Remember, by maintaining our brain's health through personal development skills, we can stay motivated and control our mental well-being.

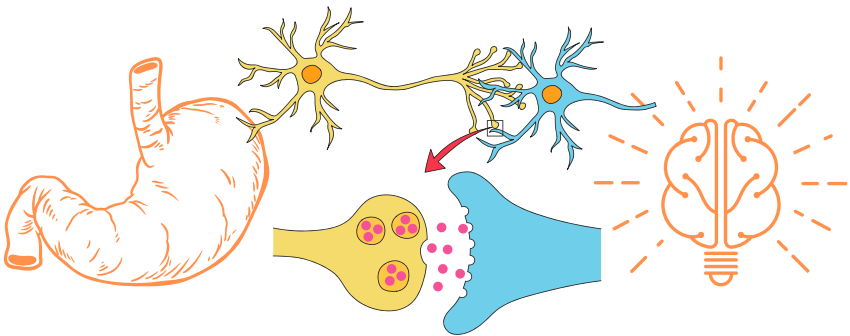
On the other hand, if a lot of information has to be computed, it makes sense to have AI do the work faster so we can move on to the next project, making our workday more efficient and productive. Let's not depend on a computer to do our thinking, is all I'm saying. We must keep elevating ourselves to magnify our mind, body, and soul connection.

The Connection



How far removed are we from our own source of intelligence? Do we understand the importance of maintaining our brain's health through diet and exercise? Here's something to think about; the foods we eat significantly impact our brain's ability to do its job at a high level. Inside the gut, where digestion takes place, is where the food gets broken down, and nutrients are released into our circulatory system to send signals to our brain. We have an internal messaging system that works in the form of neurons that produce neurotransmitters. The strength of this system depends heavily on our nourishment to sustain a healthy gut. Our internal messaging system bridges the firmament to our minds, joining our spirituality and brain cells.

Creating this connection is where meditation comes in, and we can manipulate our neurotransmitters to send specific signals to our brains. We can change our codes like computer programs with a source code that can be changed anytime. We face an impelling need to chase technology to keep up with society. This will undoubtedly make sure we don't grow mentally or spiritually. The game being played is to become attached to a screen and disconnect from our heartfelt intuition.



In conclusion, I hope this arrangement of information finds you in a good spirit and sound mind. This is an example of how we can use the information given to improve our nutritional content and enhance our cognitive abilities. Thanks for taking the time to read this compilation of thoughts.



2 Timothy 1:7 (KJV)

For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

